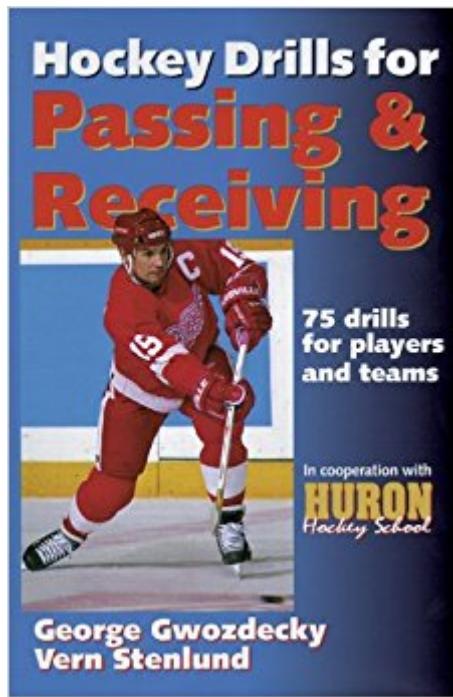


The book was found

Hockey Drills For Passing & Receiving



Synopsis

In hockey, the team that has mastered skillful puck movement usually comes out on top. Whether you're attacking the goal or maneuvering out of a compromising situation near the opponent's goal, sharp passing and receiving skills are vital weapons that can consistently carry your team to victory. Hockey Drills for Passing & Receiving provides all the expert instruction you need to get your team passing and receiving the puck like a well-oiled machine. The book includes 75 drills, many of which can be applied to both in-line and ice hockey. Backed by the sport's premier provider of coach and player instruction, Huron Hockey, Hockey Drills for Passing & Receiving teaches how to develop individual skills and use them within a team concept. In addition to improving puck movement in the offensive zone, the drills also focus on the all-important transition game, where much of the action takes place during a match. Expert instructors George Gwozdecky and Vern Stenlund provide the key teaching points and practice activities to hone players' abilities to move and keep possession of the puck. Drills within each chapter start basic then increase in difficulty to provide a wide range of challenges and learning situations. Each drill is accompanied by special coaching tips to correct common errors and maximize players' performance. Any player has the potential to master passing and receiving the puck. With Hockey Drills for Passing & Receiving, you will boast better puck movement than the rest and dominate on the ice.v

Book Information

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Outdoors > Coaching > Hockey #761 in Â Books > Sports & Outdoors > Hockey #1759 in Â Books > Sports & Outdoors > Winter Sports

Customer Reviews

This is the fourth book that I have purchased. By this publisher. The books are very well layed out

and informative. Also the key points and the progression of the drills are also very helpful. These books have been a great help to me, seeming this is just my second year of Ice Hockey. And alot of these skills you can work on your own. This book is one that I highly endorse.

A great book, especially for Bantum, Midget and High School levels. Many great fun full ice drills. Also, there are lots of coaching points to emphasize that even experienced players and coaches can appreciate.

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